



TRAVEL MY WAY TO UGANDA

JOIN US ON OUR
WOMEN EMPOWERING WOMEN JOURNEY

UGANDA • AFRICA
20 - 30 MAY 2020

TRAVEL MY WAY

THE COMPLETE EXPERIENCE

Travel My Way means travelling with Yvonne Verstandig, Co-founder and Head of Leisure, Executive Edge Travel. Benefit from her passionate knowledge and share in the way she loves to see the world. When you **Travel My Way**, you will become fully and completely immersed in every destination, experiencing the culture, the community and the cuisine.

Travel My Way is about digging beneath the surface to discover life as it's lived every day. What lies at the core of our success is our commitment to leaving a lasting benefit to the communities we meet. Our local networks help us tap into otherwise inaccessible opportunities, creating interactive and empowering experiences to transform our guests' lives and make a difference to the people and places we visit.

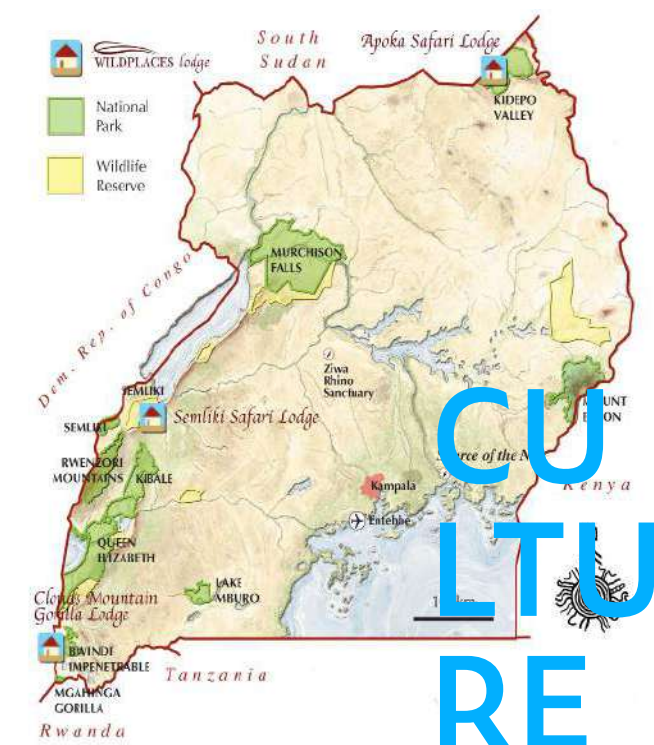
Travel My Way is an opportunity to be nudged out of your comfort zone, which is where you'll find the real adventure and the magic of the unexpected.

Co-hosting this once in a lifetime journey is **Suzy Zail** - award-winning author of *The Tattooed Flower*, *The Wrong Boy* and *Alexander Altman A10567*.

After visiting Uganda to learn about girls' rights, Suzy wrote *I am Change* (due for release August 2019). Inspired by real life, *I am Change* is the tragic but empowering story of how a young Ugandan girl finds her voice and the strength to fight for change.



IMMERSION



This return visit will allow other women the opportunity to hear first-hand from the girls who informed her story, and to meet and help the aid organisations who make a difference to their lives.

Excited by the opportunity to gain a deeper understanding of the lives of women in developing countries, Yvonne and Suzy have curated a unique tour to create real change and help improve the lives of girls, through authentic giving, the sharing of stories and the forging of genuine, lasting connections.

The tour will culminate with four days of adventure including visiting remote tribal villages and gorilla trekking.

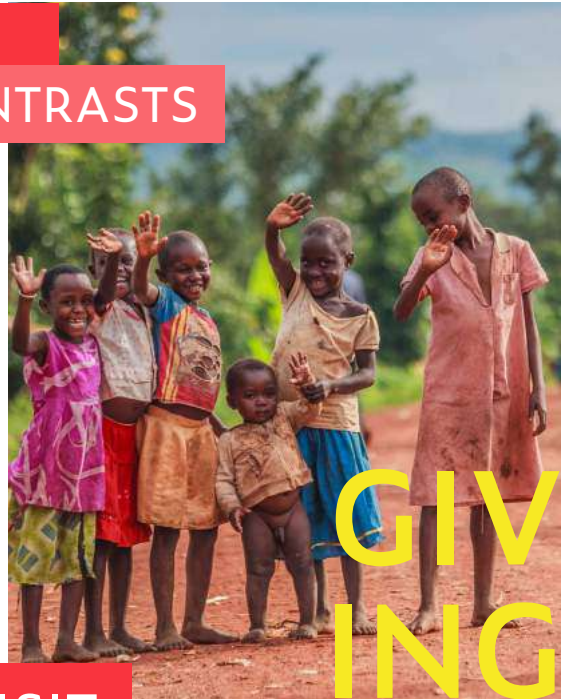
Whether you're searching for the wild cats on safari, meeting a Ssenga, building a mud-hut for a disadvantaged family or being trained by a village elder to weave a basket, each experience will place you beside community members who will deepen your experience through the sharing of stories and hands on participation.

WHY UGANDA

A LAND OF CONTRASTS

Yvonne's *Travel My Way* tour to Uganda has been inspired by Suzy's new book, *I Am Change*, and coincides with the evolution of Yvonne's new design for travel-immersive journeys with meaning. Journeys with a story to tell. And where better than Uganda to begin *Travel My Way* with Yvonne.

Let *Travel My Way* take you on a powerful and transformational journey to discover the real Uganda. Meet with female leaders of change, participate in round-table discussions, visit classrooms and girls' empowerment clubs. Discover the Africa that lives amid the heady smells of street vendors, in bustling city markets and remote jungle villages. Watch a witchdoctor at work, create art with a local painter. Dance, drum and wander the markets. Learn, grow and be inspired.



GIVING BACK

ORGANISATIONS WE WILL VISIT

TO MAKE A DIFFERENCE

The characters in Suzy's novel are fictional, but their circumstances are real. As Suzy told Yvonne, "The long, dangerous walk girls make to school, the hunger in their bellies, the parents lost to disease, the lack of money for schoolbooks, the forced marriages and unmet dreams, every one of the thirty girls I interviewed had experienced a number – sometimes all – of these hurdles before they turned sixteen. And they were the lucky ones, the ones I met through aid organisations that were now helping them achieve their dreams." It is these organisations the *Travel My Way* Uganda tour will spend time with and support, so they can carry on their work.

Organisations we will meet:

UYAFPAH



UYAFPAH
Good Health Now

UYAFPAH is a not for profit organisation whose mission is to ensure quality Sexual and Reproductive Health Rights and well-being of young people in Uganda. This is done through the promotion of the rights of young people in accessing quality contraceptive services, timely information and influencing National Health Planning to prioritize sexual and reproductive health and rights in the health sector budget.

Concern for the Girl Child



CGC is a national non-government organisation committed to protecting, respecting and fulfilling the rights of vulnerable children and young people, through provision of education and skills development, health, child protection, economic empowerment and psychological support.

Girl Child Network Uganda

Girl Child Network Uganda works to support girls through educational empowerment, prevention of, and rehabilitation from abuse, and the promotion of girls' talents. They envision a world where girls are empowered



AAFCAD



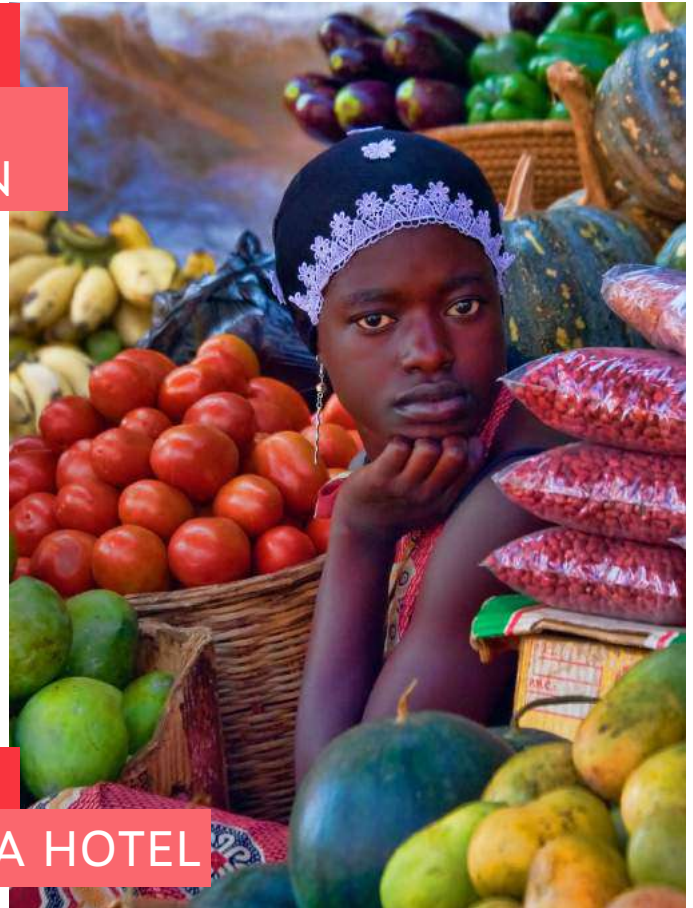
Action for Fundamental Change and Development was founded by 4 friends who had been raised in Bwaise, one of Kampala's poorest slums. Today AAFCAD runs three major programs – health, education and economic empowerment – to bring about fundamental and sustainable change in the lives of slum youth through imparting technical, vocational and life skills. They aim to create awareness on sexual reproductive health, alongside supporting people infected and affected by HIV/AIDS. In June 2011, the organizations founded a community school called Excel Education Centre that provides formal education to 200 orphaned children and those from HIV/AIDS and poverty affected families.

WHERE WE WILL STAY

INSPIRING REGIONS & ACCOMMODATION

Uganda is a land of contrasts. In half a day you can drive from mist-shrouded volcanic mountains to hot hazy Savannah dotted with wildlife. Serene undulating hills of tea plantations, give way to tangled jungles and rainforests. There is the Nile, twisting its way north, there are snow-capped peaks, and tropical, sandy, freshwater beaches. Most of all, there are smiling faces. It is all here, a feast for all the senses.

Each property we will be staying at is unique and constructed in sympathy with its breathtaking environment. All are located in different regions of this vast and beautiful country.



KAMPALA

THE EMIN PASHA HOTEL

Composed of rolling hills and grassy wetlands, Kampala was named for the Bantu word Mpala, a type of antelope. Kampala was originally built on seven hills, but the city now sprawls out over more than 20. On the hills, pretty colonial-style buildings and Jacaranda trees line the streets. Downhill huge street markets bustle with fruit vendors and hawkers.



The Emin Pasha Hotel

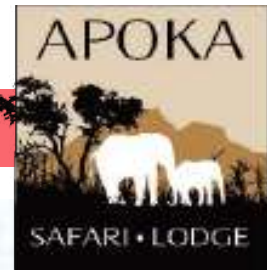
The Emin Pasha Hotel is Kampala's first boutique hotel. Gracious and elegant, it evokes another era, when taste, gentle service, ambiance and comfort were the hallmarks of a good hotel. Located right near the centre of Kampala, The Emin Pasha Hotel is set within two acres of peaceful park-like tropical gardens. Big mature trees, flowering shrubs and scented vines abound, yet still within walking distance to Kampala's commercial business district. With only twenty rooms, you will be offered personal attention and excellent service.



ART ISAN NAL

KIDEPO VALLEY NATIONAL PARK

APOKA SAFARI LODGE



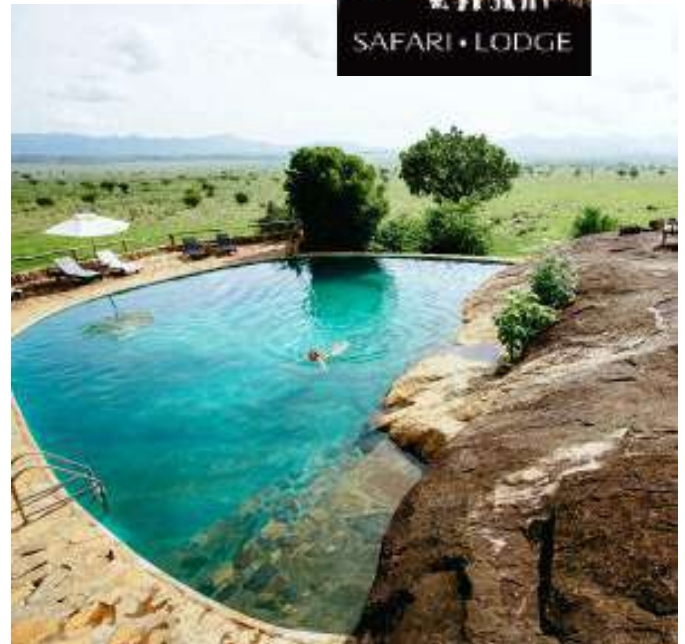
When you close your eyes and think of Africa, the landscape you imagine – the jagged hills, the golden grasses, the plains dotted with wildlife, the soft glowing light – it is likely to be Kidepo.

This is Uganda's most remote park, far away from city life. Tucked into the corner of Uganda's border with Sudan and Kenya, Kidepo not only offers a wildlife experience, but it is one of the few places that offers an authentic experience interacting with the Lorukul and Ik Tribes.

At night, under a canopy of impossibly bright stars, this is where we are reminded that the earth is round.

Wildlife in Kidepo is abundant. Lions, leopard, cheetah, elephant, giraffe, zebra, possibly Africa's largest herds of buffalo, hartebeest, waterbuck, bushbuck, warthog... the list is endless.

Better still, much of it can be seen from the privacy of your veranda or your outdoor bathtub, but the best way to see the wildlife is up close: on foot, or in an open-top Land-cruiser.



The rooms at Apoka have been built with comfort in mind. Everything is handmade by local craftsmen. Rooms with natural canvas walls surround a rocky kopje with endless views across the Savannah. The bedrooms offer big hand-hewn beds draped with mosquito nets, hand-woven woollen carpets, oversized dressing gowns...you may be as far away from the city as you'll ever be, but you won't miss a thing. The swimming pool at Apoka Lodge has been carved out of a big rock.

Stride out across the savanna and walk with zebras. Enjoy a sundowner in the arms of a massive fig tree. Sit and watch a breeding herd of elephants frolicking in the mud. Come and drink in the view.

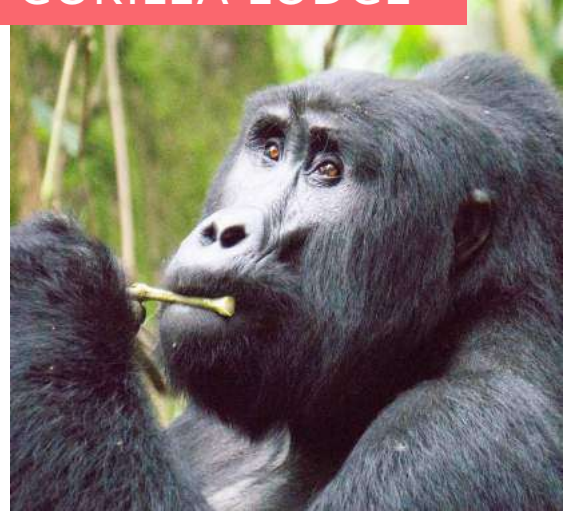


BWINDI IMPENETRABLE NATIONAL PARK

CLOUDS MOUNTAIN GORILLA LODGE

Nestled down in the Southwest of the country, this Montane Rainforest is the only forest in Africa where gorillas and chimpanzees occur together. The world population of mountain gorillas is currently estimated at about 880, half of which live in Bwindi, alongside an estimated 350-400 chimpanzee. The most sought-after activity in and around Bwindi is gorilla tracking.

Another experience this area offers is a chance to become immersed in the local villages of the Bwindi National Park. Spend time with the Batwa and Nikuringo communities and understand their culture and way of life.



CHALLENGE

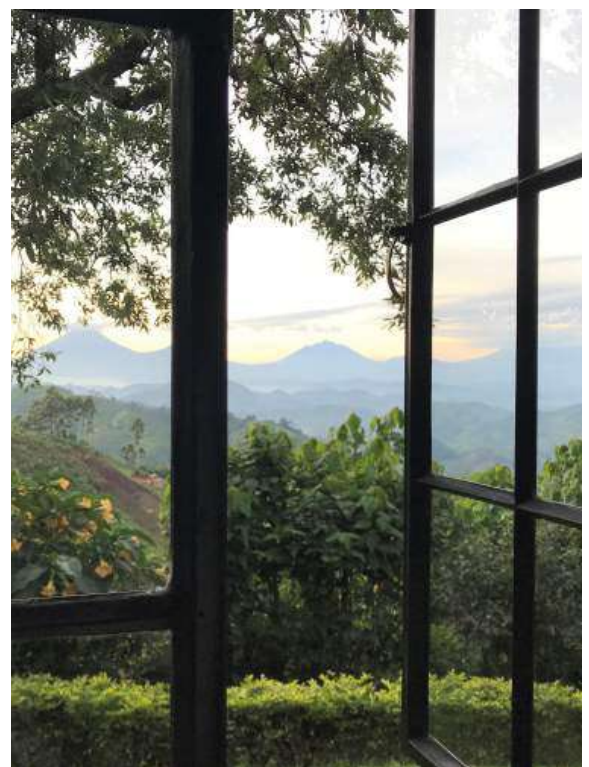


Set on a forested ridge near the entrance to the Bwindi Impenetrable Forest, Clouds Mountain Gorilla Lodge boasts spacious cottages built from volcanic stone. It is remote. It is beautiful. It is intimate. Spectacular views stretch all the way to the Virunga Volcanoes of Rwanda, as well as across the border into the Congo, where the glow of the Nyiragongo Volcano can be seen on a clear night.



Warm and welcoming, each cottage features a bedroom, ensuite bathroom and separate lounge. Blazing fireplaces create a cosy glow as evening falls.

Meals are prepared using the freshest local ingredients and are served in front of a roaring fire in the dining area. The main lodge feels like someplace else- perhaps a ski chalet in the alps, or a stone palace in the Rocky Mountains. But with the gentle and warm welcome, the quiet dedication of the personal butlers and the smiles on the faces of virtually all the staff, this can only be in Uganda. Come and stay a while in the Clouds...



ITINERARY

A SNEAK PEAK

Whilst not wanting to give away all our secrets, see below for some of the amazing experiences you will be participating in:



SURPRISE

- 10 night women's only small group tour
- Learn about the obstacles preventing girls from reaching their potential and assist Girl Child Network Uganda and other aid organisations working to improve the lives of girls
- Tour the Bwaise slum, visit schools and take part in girls' empowerment training
- Explore markets, meet a witchdoctor and attend a drumming workshop
- Paint with local artists, visit fashion designers and learn traditional Ugandan dances
- Enjoy interactive workshops, storytelling and discussion groups with leading female change-makers
- Spot wildlife in open-top land cruisers in the Kidepo Valley National Park and track gorillas on foot in the Bwindi Impenetrable Forest
- Visit remote villages, learn about and be immersed in the tribal culture
- Get your hands dirty building a house for local families
- Luxury boutique lodge accommodation throughout



COSTS & INCLUSIONS

US\$11,235 (approx AUD\$16,510*)

per person based on twin share**

The price includes everything in the program:

- 5 nights in Kampala at Emin Pasha Hotel
- 2 nights in Keidepo Valley National Park at the Apoka Safari Lodge
- 3 nights in Bwindi Impenetrable National Park at the Clouds Mountain Gorilla Lodge
- All meals throughout
- Alcohol (non-premium) during stays in Apoka Safari Lodge and Clouds Mountain Gorilla Lodge
- Snacks, fruit and water during activities
- All Kampala activities as listed throughout this brochure
- Drumming session, Yoga class, tribal dance, artist studio visit
- Game drives, walking safaris and Lorukul village tour in Kidepo
- Boat trip, gorilla trekking and community tour in Clouds
- 1 x Gorilla permit
- All gratuities to guides, drivers and hotel staff
- Donations and gifts for all the girls and organisations we meet
- Park, ranger guide and conservation fees

* Based on current rate of exchange - AUD equivalent will be determined at time of payment

** Single supplement US\$1840 (approx. AUD\$2700)



- Community bed night fees
- All Kampala activities as listed throughout this brochure
- Internal charter / scheduled flights, inclusive of airport taxes (baggage restriction at 15kgs per person)
- Return group airport transfers
- All ground transportation throughout
- Amref Flying Doctors emergency evacuation



Connect with me today

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